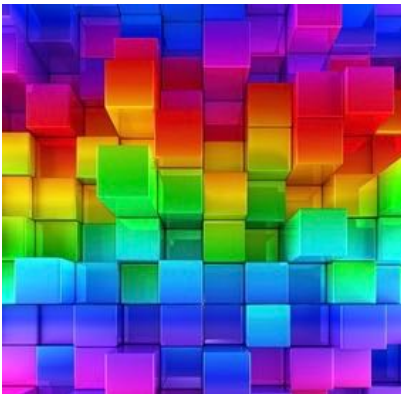


Life Purpose Archetype Number 4

*I am grounded and stable. I build solid foundations!
I provide the necessary foundation for every creation.*

If your **Life Purpose** is symbolized by Archetype Number **4**:
You are a **Builder!**

Archetype Number 4 symbolizes the capacity to be grounded, to work, to build solid foundations in our lives, and to create and maintain physical, mental, emotional and spiritual stability. The Number 4 path of development empowers us to persevere, to give consistent attention and effort all the way through to the completion of a task, to manifest an intention, and to master a skill or a way of being.



The four equal sides of a square symbolize the Number 4 and can represent aspects of life that give us a sense of stability. These aspects are some of the things that remain constant and that we can depend on, including: the four seasons (spring, summer, fall, winter), the cardinal directions (east, south, west, north), the four common cycles of human life (birth, child, adult, death), and the four primary elements (earth, air, fire, water). The square is a building block that allows us to create a solid foundation on which to stand.

For the Archetype Number 4, when you are centered and aligned, you:

- Are grounded, down to earth, and at home in your body
- Have great patience
- Enjoy working
- Are disciplined with what is important to you
- Love systems and order
- Provide stability for others, a shoulder to lean on, or support to manifest an intention
- Value structure and stability
- Find pleasure in the habits you have developed to make life easier and more efficient
- Are devoted in your relationships
- Remain grounded and can think clearly even when things go wrong
- Comfort others by your stabilizing presence
- Are interested in and invest energy in your physical health
- Sustain your efforts through to completion and manifestation
- Appreciate security and tradition
- Are dependable
- Provide a platform for Higher Consciousness

When stressed, triggered, in need of healing or additional skills for building, you may:

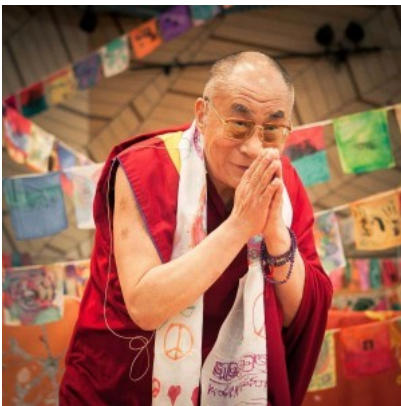
- Be rigid and polarized in your thinking
- Feel incapable
- Be stuck in routines that are out dated and even destructive
- Rebel against structure and organization



Life Blessing

- Be very serious about life and lose touch with the joy of living and the freedom and spontaneity to try new things
- Resist routine and perceive it as drudgery and even slavery
- Feel frustrated and critical when others contribute less effort than you do
- Get trapped in “work mode” and disconnect from other parts of yourself; in the extreme, you are a workaholic
- Can be stubborn and unwilling to see another’s point of view or become attached to the way things have been
- Don’t let go of things easily
- Think others are lazy when they don’t keep up with your ability to focus and accomplish goals
- Can become overly focused and lose touch with balance in your life
- Have trouble sustaining your effort and give up before reaching your goal

EXAMPLE OF THE BUILDER



This beautiful soul, the 14th Dali Lama of Tibet, Tenzin Gyatso, is an example of someone whose very presence on the planet conveys a sense of stability and continuity, especially to the people of his country even while he is living in exile. His immense and steadfast devotion to his embodiment and role as spiritual leader, and his constant spiritual practice are an inspiration to humanity and a demonstration of Number 4 qualities, such as humility, devotion, patience, tenacity and steadfast presence and focus.

Popular examples of Life Purpose Archetype Number 4:

- Microsoft Founder Bill Gates
- Physicist Marie Curie
- Musician Jewel
- Talk show host Oprah Winfrey
- Former California Governor Arnold Schwarzenegger
- Musician Bono
- Evangelist Billy Graham
- Actor Brad Pitt
- Author Carolyn Myss
- Musician Elton John
- Performer Frank Sinatra
- Actress Nicole Kidman
- Medical pioneer Norm Shealy

Famous Sayings that Exhibit Life Purpose Archetype Number 4: You are a Builder!

- “If you build it, they will come”- adapted from the movie “The Field of Dreams”
- “There is nothing so stable as change” – Bob Dylan
- “You just can’t beat the person who never gives up” – Babe Ruth
- “It is not the beauty of the building you should look at; it’s the construction of the foundation that will stand the test of time” – David Allan Coe



Life Blessing

- “Peace is a daily, a weekly, a monthly process, gradually changing opinions, slowly eroding old barriers, quietly building new structures” – John F. Kennedy

The Life Purpose of Builder is an energy that you came here to **be**. Like a radio station, you broadcast the energy of your Life Purpose 24-7, just because you **exist**. The expression of each Life Purpose Archetype will constantly evolve and influence your choices each day throughout your lifetime.